

PRACTICUM CALL WITH YOUR THRIVE COACH

**30 min What is going on for you in relation to the coaching**

Probing questions: What is working? What do you want help with? How comfortable are you with tools?

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**15 minutes You coach me**

Using Antenna & Hypothesis OR a tool you want to practice, The THRIVE Coach will present you with a real issue and you will coach them through it.

**15 Minute Debrief**

What do you felt went well, what questions or concerns do you have? Your THRIVE Coach will then offer you feedback.